



Will you help us build a mountain of food for our neighbours in need?

NightShift needs your help to serve thousands of meals to our friends experiencing homelessness, poverty, addiction and mental illness.

Urgently Needed Items include:

- Hot chocolate
- Coffee (ground/beans)
- Dry coffee creamer
- Canned fish (salmon or tuna)
- Jam
- Iced tea mix
- Mayonnaise
- Cheese spread or packaged slices
- Peanut butter (smooth) and jam
- Soft snack bars & packaged cookies
- Sugar (white)
- Bottled water
- Rice
- Pasta
- Pasta sauce
- Canned soups
- Canned chili
- Mixed frozen or canned vegetables

Donations gratefully accepted at NightShift:

10635 King George Blvd
Mon-Fri (9:30 am - 4:30 pm)

NIGHTSHIFT

www.NightShiftMinistries.org