

This October, will you help us build a Mountain of Food for those in need?



**FOOD ITEMS
NEEDED
URGENTLY**

We are thankful for donations from this list of urgently needed items (in original packaging):

- ***Peanut butter***
- ***Jam***
- ***Canned soups***
- ***Canned diced tomatoes***
- ***Canned tuna & salmon***
- ***Tins of hot chocolate***
- ***Ground coffee***
- ***Dry coffee creamer***
- ***White sugar***
- ***Mayonnaise***
- ***Soft snack bars (such as Nutri-Grain®)***
- ***Protein drinks (such as Ensure® or Boost®)***
- ***Rice and/or Pasta***
- ***Pasta sauce***

Donations gratefully accepted at NightShift:

10635 King George Blvd (side entrance), Mon-Fri (9:30 am - 4:30 pm) or call 604.953.1114 to arrange pickup before or after Thanksgiving weekend.

www.NightShiftMinistries.org

NIGHTSHIFT

Love. Hope. Purpose.