

This October, will you help us build a Mountain of Food for those in need?

NightShift Street Ministries provides a nourishing meal for about 100 homeless and at-risk people every night of the year in Surrey; and about 50 people four times a week in Langley. Since 2004, we have served almost 700,000 meals! We need your help to serve thousands more meals this year. Would you add a few items to your grocery list and help us build the Mountain of Food it takes to feed those who need it most?



**FOOD ITEMS
NEEDED
URGENTLY**

We are thankful for donations from this list of urgently needed items (in original packaging):

- Peanut butter
- Jam
- Canned soups
- Canned diced tomatoes
- Canned tuna & salmon
- Tins of hot chocolate
- Ground coffee
- Dry coffee creamer
- White sugar
- Mayonnaise
- Soft snack bars (such as Nutri-Grain®)
- Protein drinks (such as Ensure® or Boost®)
- Rice and/or Pasta
- Pasta sauce

Donations gratefully accepted at NightShift:

10635 King George Blvd (side entrance), Mon-Fri (9:30 am - 4:30 pm) or call 604.953.1114 to arrange pickup before or after Thanksgiving weekend.

www.NightShiftMinistries.org

NIGHTSHIFT

Love. Hope. Purpose.